



Ludlow u3a Newsletter January 2024

We look forward to seeing you in Ludlow Assembly Rooms on 29th Jan for the next Monday Meeting. Coffee, tea and biscuits are available from 10:30 in Oscars. The talk starts in the Auditorium at 11:00.

29 January 2024

The History of Walled Gardens

Richard Rallings

In this talk Richard, from Mynd Hardy Plants, traces the development of walled gardens from their origins in Persia to the current day. He examines the factors that determined their size and shape; their location on the estates which they served; and how they were influenced by the Baroque gardens within Europe and the landscape movement at home. The talk concludes with a discussion on the future of walled gardens and what role they will play in the community.

Details of the Monday meetings in February and March are at the end of this newsletter

Your u3a committee needs YOU!



Meet the committee – Mon 29th Jan
1:30pm Garden Room, Methodist Hall
Find out how you can help. Shadowing and advice available to all volunteers.

Due to upcoming retirements from the committee we will be too few to continue. If you can help please contact any current committee member as soon as possible.

Without a viable committee Ludlow u3a cannot continue.

News from the Committee Meeting 27th November 2023

Alan Harvey (co-ordinator of the Photography Group) was welcomed to the meeting as an observer. We were delighted that he agreed to join us and he was formally co-opted onto the committee.

There are now 580 members in Ludlow u3a and the treasurer/membership secretary reported that renewals for 2024 are healthy.

Following reports from committee members, the major topic on the agenda was the composition of the committee for 2024/25. Two members will not stand for re-election at the March AGM, Sue Billing, Barbara Ball and, although Grace Wilkins is willing to stand for re-election to the committee, she wishes to stand-down as Treasurer/Membership Secretary. Peter Law will have reached the end of his 6-year term of office. This would leave the committee with only six members and vacancies in the vital roles of Speaker Secretary, Study Group Adviser and Treasurer/Membership Secretary.

New committee members from the Ludlow u3a membership will be vital if our u3a is to continue. The meeting was reminded that u3as are run by the members for the members. The committee discussed ways that new members could be encouraged to join. Prospective new committee members are to be invited to the committee meeting in January to meet the committee.

If no prospective new members come forward, the chair will need to investigate the unthinkable -how to dissolve Ludlow u3a. The meeting very much hoped that it would not come to that.

Let's Talk Falls

We have invited a local charity, Community Resource, part of the Community Council of Shropshire, to give us a session on falls prevention at:
[St Peter's Parish Centre, Henley Road, Ludlow on Monday 12th February at 10am.](#)

The session will last for 2-2.5 hours. The cost, to cover the hire of the hall and refreshments will be £5. The session entitled 'Let's Talk Falls,' includes a short film and discussion on how to falls-proof your environment as well as a demonstration of how to get up after a fall, details about why staying active is important to prevent falls and a short gentle exercise session.

Numbers will be limited to 20. If you are interested in attending the session, please contact the Chair (details at end of newsletter).

2024 Subscriptions Now Due

Please pay £16 by cash, cheque or BACs to the treasurer, see your emails for link or pay at the meeting.

Photography Group – small selection of prints on display in the main reading area of the refurbished Ludlow Library from 15th January until 9th February 2024.

u3a National Learning Programme

Learning in u3a doesn't stop with Ludlow u3a. There is a National Learning Programme to help you make the most of being part of u3a. A range of free online events are available to all members via Zoom at:
www.u3a.org.uk/learning

Email addresses

If you have a new or changed email address please let the treasurer know: treasurer@u3ainludlow.org.uk

Any articles for the newsletter?

Please send them to the editor. Many thanks.

Monday Meetings – February & March

26 February 2024

The Lower Mekong, Water, War, Watts

Jim Holmes

Flowing between Laos, Thailand, Cambodia and Vietnam, once warring states, the Mekong is one of the world's longest rivers and supports traditional cultures and rich biodiversity. As the Mekong flows through stunning landscapes it brings nutrition, transport and energy potential in equal measure, enriching both ancient kingdoms and modernising states. Explore this rich tapestry of life from the mountains of northern Laos to the rice paddy fields of the delta in Vietnam, and learn how this delicate balance may now be at risk from vast hydropower dams.

25 March 2024

AGM followed by The History of Hauntings

Jo Evans

A belief in ghosts has existed within society from prehistoric times and in ancient civilisations. Throughout time there has been a desire to reach out to the 'other side' or explain away strange happenings. This talk aims to explore ancient beliefs, folklore, spiritualism, and modern culture. Jo Evans is an Ancient History and Civilisation graduate with experience of archaeology and work at the British Museum. She now gives talks and tours for the heritage department at Tanners Wines in Shrewsbury.

Committee Contact Details

Chair: Janice Haines info@u3ainludlow.org.uk 01584 878794

Secretary: Sue Curthoys suecurthoys@gmail.com 01584 318263

Treasurer & Membership: Grace Wilkins treasurer@u3ainludlow.org.uk 01584 318163

Study Groups & Beacon Support: Barbara Ball, barbara@ludlowballs.force9.co.uk 01584 879180

u3a plus: Peter Law, peter.peterlaw@gmail.com 01584 877012

Newsletter Editor: Cathy Beardes, cathy.beardes@hotmail.co.uk 07828 056428

Monthly Meetings: Sue Billing sueatmill84@yahoo.com 07710 756093

Shropshire Representative: Michael Cooke barleycooke63@gmail.com 01584 878774

Committee member: Alan Harvey wragaton12@gmail.com