

u3a in Ludlow Newsletter May 2022

Change to Newsletter pattern

There will be 3 issues of the Newsletter each year, in January, April and September. These issues will give details of forthcoming Monday meetings and details of events and study group changes. They will be sent by email as now, but, additionally, by post to members who do not have email.

A monthly News, containing details of the monthly meeting and study group information will be sent to members by email.

New Study Group Adviser

Derek Ball has just been co-opted onto the u3a in Ludlow committee as Study Group Adviser, and he looks forward to working with many of you over the coming weeks. If you have anything you want to tell him about study groups, if you want to share your opinions, if you want to know anything about study groups — you might have specific questions — please do get in touch with him, either by email or by phone Or you may want to offer your services, either as a study group coordinator or in some other way. Derek looks forward to hearing from you.

New study group - Ancient Egypt

A well-attended talk back in 2019 suggested there may be interest in studying Ancient Egypt. Several members have now enquired whether one is available. This group, coordinated by Robert Hodge, will probably meet on a Tuesday morning and the group will decide what the focus will be. However, it is anticipated that time will be spent on the history of Ancient Egypt from 3400BC – 30BC, the mythology of the gods of Egypt, life in ancient Egypt and perhaps deciphering hieroglyphics.

If you would like to join this group, please contact the Study Group Adviser.

New Committee

The new u3a committee has met twice during April and coopted two new members – Derek Ball, who will take on the role of Study Group Adviser, and Sue Curthoys. The committee has laid out a plan of work for the next few months. Their immediate focus is to improve communication between the committee and **all** members of u3a and to support the work of Study Group Coordinators. The committee is also keen to introduce new study groups and address the problem of study groups which are full.

Chair

Janice Haines 01584 878794

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Secretary

Barbara Ball 07538 080942

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Treasurer & Membership Secretary

Grace Wilkins 07990 526203

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Study Group Adviser

Derek Ball 01584 879180

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Monthly Meeting Organiser

Sue Billing 07710 756093

sueatmill84@yahoo.com

Committee Members

Michael Clarke, Sue Curthoys, Peter Law.

New study group - Lunch Club

There have been enquiries about starting a Lunch Club and a coordinator has come forward. How the group would operate regarding frequency, venues etc would be decided by the group.

If you would like to join this group, please contact the Study Group Adviser.

u3a in Ludlow is a charity, registered in England and Wales, number 1072055

If your email address has changed contact the **treasurer**. Contact the editor at info@u3ainludlow.org.uk



It is 25 years since u3a in Ludlow was started.

Some of our long-standing members still regularly attend meetings and are active members of study groups. We have newsletters and committee minutes in the archives.

Do we want to celebrate this milestone and, if so, how?

Not only do the committee need ideas, but we need volunteers to come forward and help to organise the celebration. Over to you......

Trust u3a

Trust u3a is a national u3a (akin to a local group) which organises different groups and short series of meetings via Zoom.

There are almost 100 different groups available. Membership of Trust u3a for members of u3a in Ludlow is only £5 per year. If you find it difficult to attend faceto-face meetings, this might be for you.

For more information, visit

https://u3asites.org.uk/trustu3a/groups

Monthly Meetings

Meetings are held in the Ludlow Assembly Rooms. Coffee and tea are available in Oscars from 10.30. The talk starts at 11.00 in the auditorium.

Monthly Meetings and Covid

Covid restrictions have been lifted and testing has been scaled back. But Covid is very much with us and some u3a members still need to be extra cautious and feel excluded from the monthly meetings.

We are very fortunate to be able to hold our meetings in the auditorium in the Assembly Rooms, which is now spacious and fully air-conditioned. The auditorium is open from 10.30 am.

We ask that no-one comes to a Monday meeting, or a study group meeting, if they are feeling ill, whatever the cause. Cold-like symptoms might be symptoms of Covid.

Members of u3a in Ludlow may feel that wearing a mask in Monday meetings is appropriate and reassuring for all our fellow members.

Jeremy grew up in a household where homeopathy was practised and, in adulthood, he became a practitioner. His anecdotal talk about his personal and professional experience of homeopathy explains and illustrates how he considers its approach may help and why he feels it is valid in the 21st century.

Jeremy has practised homeopathic medicine for over 20 years. His practice is in Shrewsbury.

Monday 27 June 2022 Jim Holmes Afghanistan Goes Solar

Dispatched into the unknown, first on an ancient Russian Antonov aeroplane then in four-wheel drive vehicles over dramatic mountain ranges into central Afghanistan. The assignment: to document local 'barefoot' solar engineers installing sustainable power systems in remote villages to bring light into people's lives. The early onset of winter snows was only one of the fears...

Professional documentary photographer Jim Holmes has worked around the world for 30 years focusing particularly on environmental and humanitarian projects. Jim's talk is a richly illustrated account of his journey through central Afghanistan with a Norwegian aid group.