



*A charity registered in England and Wales, No: 1072055*

## **Welcome to Ludlow u3a**

### **What is u3a?**

The u3a is a network of more than 1000 charities that provide the opportunity for those no longer in full time work to come together and learn for fun. Across the UK, u3a members draw upon their knowledge and experience to teach and learn from each other for pleasure; learning is its own reward.

The u3a neither requires, nor awards, any qualifications.

It is all voluntary; it's local, social, friendly, low-cost and open to all.

### **What does being a member of Ludlow u3a offer?**

- Meeting new people from a membership of over 500
- Monthly meetings for all members
- Access to about 60 different study groups
- Regular news updates
- Five issues of The Third Age Trust magazine

### **Monthly meetings**

A chance to meet friends, and make new ones. Meetings take place in the Ludlow Assembly Rooms on the last Monday morning of most months, starting at 10:30am with free refreshments. The meetings take different forms. Most have a guest speaker from 11:00am to 12 noon, and these talks cover a wide range of topics.

Details of forthcoming meetings can be found on the website:

[www.u3ainludlow.weebly.com](http://www.u3ainludlow.weebly.com)

### **What are Study groups?**

Groups of Ludlow u3a members meet regularly to discuss, and to learn about topics of mutual interest. Each group has a coordinator, who is a point of contact and deals with the practical running of the group. All members of the group share responsibility for the learning that takes place and active participation is expected.

Members of Ludlow u3a have a wide variety of interests as demonstrated by the number of groups listed overleaf and on our [website](#)

Study groups are open, free of charge, to all members of Ludlow u3a, although there may be some costs for room hire, resources, etc

## Art and architecture

- Architecture
- Art appreciation
- Art History Appreciation

## Creative

- ArtTogether
- Artwork for Pleasure
- Embroidery, Hand
- Handicrafts
- Photography

## Discussion

- Café Society
- Cinema
- Fun with maths

## Games and pastimes

- Bridge
- Chess
- Cryptic Crosswords
- Mah Jong
- Scrabble
- Table Tennis

## History

- Family History
- Landscape History

## Intellectual pursuits

- Etymology
- Philosophy and Ethics

## International

- Armchair Traveller
- Middle East Matters

## Languages, classical

- Greek, Classical
- Latin Intermediate
- Latin
- Latin for Beginners

## Languages, Modern

- Chinese Mandarin
- French Beginners
- French Conversation
- French Discussion
- French Intermediate
- French Literature
- German Conversation
- Greek -Modern for Beginners
- Get by in Spanish
- Spanish Conversation
- Spanish Intermediate
- Welsh

## Literature

- Classics in Translation
- Exploring the Novel
- Historical Novels
- Poetry Appreciation
- Reading for Pleasure
- Shakespeare's Theatre

## Music and performance

- Music for Pleasure
- Scottish Dancing
- Ukelele

## Outdoors / visits

- Garden Visits
- Geology
- Natural Environment
- Strolling with a Purpose
- Walking the Shropshire Hills

## Science

- Science Discussion

## Lunch Club

\* New study groups start up throughout the year. For an up-to-date list, please refer to the study groups list on the website: [www.u3ainludlow.weebly.com](http://www.u3ainludlow.weebly.com) which gives full details of current groups, descriptions and days on which they meet.

## **How do I join a study group?**

Look through the list of study groups on the previous page or on the website:

[www.u3ainludlow.weebly.com](http://www.u3ainludlow.weebly.com)

and choose any which interest you. Contact the Study Group Adviser (see box below), who will put you in touch with the coordinators of these study groups. There is no limit to the number of study groups you can join.

### **Study Group Adviser**

**Cathy Beardes**

**Tel: 07828 056428**    **Email: [cathy.beardes@hotmail.co.uk](mailto:cathy.beardes@hotmail.co.uk)**

Study groups are open free of charge to all members of Ludlow u3a, although there may be some costs for room hire, resources etc.

If you find that the group you want to join is full, contact the Study Group Adviser. Groups which are full keep a waiting list which is regularly reviewed by the coordinator of the group and the Study Group Adviser.

Contact the Study Group Adviser if there is a particular subject that you would like to study that is not in our current list of groups.

## **Who runs Ludlow u3a?**

Ludlow u3a is an autonomous charity within the UK-wide network and is run by volunteer members of the u3a. All members in Ludlow are eligible to stand for election to the committee at the AGM and are encouraged to bring their skills to help with the running of the u3a.

The committee of Ludlow u3a meets regularly to ensure its smooth running. The committee organises the programme of monthly meetings, provides support for study group coordinators, and helps with the formation of new study groups.

Committee Members of Ludlow u3a are trustees of a charity and therefore responsible for the proper financial management of the u3a.

Details of the present committee can be found on the [website](#)

The committee communicates with members through the website, monthly email updates and a printed newsletter three times a year delivered by email, or by post to those not on email.

The committee is always happy to receive new ideas or suggestions.